

# SHPOA

Shadow Hills Property Owners Association  
Dedicated to Preserving Rural Community

*A Neighborhood Where Families Grow*



Volume 36, Issue 1

January-February 2013

## *Happy New Year Shadow Hills!*

We wish you, your family and all of Shadow Hills a healthy, happy and prosperous 2013.

### JANUARY SHPOA MEETING

#### AGENDA INCLUDES:

#### MEET CANDIDATES FOR COUNCIL DISTRICT 7 ELECTION IN MARCH

WHEN: Tuesday, January 22, 2013 at 7 p.m.  
WHERE: Tierra del Sol, 9919 Sunland Boulevard

#### **Membership Dues Reminder/Benefits**

It's time to renew your SHPOA membership, or to join us if you're not yet a member. SHPOA is a 501(c)4 non-profit organization whose mission is to preserve, protect and promote our equestrian and country lifestyle. Our membership dues help fund the many neighborhood improvement services provided by SHPOA's all-volunteer team. Annual dues are only \$25 per person. We invite you to join us by using the enclosed reply envelope to mail your membership dues today.

**Thank you.**

#### **Benefits and Value of SHPOA Membership**

##### **Preserve Country Lifestyle**

- ✓ Fight for code enforcement to protect residential zoning
- ✓ Provide legal counsel and referrals
- ✓ Expand trail system, open space and wildlife corridors
- ✓ Support equestrians and equestrian organizations
- ✓ Advocacy with government and law enforcement agencies

##### **Protect Public Safety, the Environment and Property Values**

- ✓ Initiate Neighborhood Watch groups
- ✓ Liaison to local police and fire departments
- ✓ Assist animal health and care
- ✓ Reduce speeding, unsafe driving and trash truck traffic
- ✓ Community beautification and clean-ups
- ✓ Partner with real estate community

##### **Promote Shadow Hills**

- ✓ Market unique lifestyle and real estate properties
- ✓ Conduct SHPOA membership drives
- ✓ Hold general member meetings with guest speakers, helpful information and entertainment
- ✓ Bi-monthly newsletter
- ✓ Daily email outreach and information
- ✓ Website information
- ✓ Special events and signage

#### **SHPOA's First Annual Report to Members**

*By Dave De Pinto*

Many private and public agencies provide an Annual Report to members, investors and the public to document achievements in an open and informative way. SHPOA's first-ever Annual Report was presented to members at the November 2012 general member meeting. Annual Report may be viewed on SHPOA's website at [www.shpoa.us](http://www.shpoa.us).

*Highlights for the year of 2012 included:*

- 340+ members; 40+ newsletter advertisers; 2,200+ newsletter recipients; 750+ Daily Fodder recipients; record attendance at general meetings
- Revenue exceeded expenses for the first time in many years
- First-ever general meeting with equestrians at Stonehurst Park
- Preserved our "community of interest" through the redistricting process
- Developed new equestrian and trail safety initiatives with assistance from Councilman Alarcon
- Continued Neighborhood Watch and other public safety activities
- SHPOA received a \$5,000 grant for signage from Councilman Alarcon
- Converted financial records and membership lists to electronic files
- Updated all legal documents involving the IRS and the Secretary of State
- Updated bylaws (proposed updates to be voted on by members in 2013)

**2012 SHPOA Board Members**

**Executive Officers**

President: Dave De Pinto 352-7618  
7daviddepinto@ca.rr.com  
 Vice President: Sue Mansis 554-8113  
suemansis@shpoa.us  
 Executive Secretary: Linda Fullerton, 246-8877  
linda@wrightcolor.com  
 Recording Secretary: Katherine Dayen  
Dayenight1@gmail.com  
 Treasurer: Kellie Kozonis  
kellie@kozonext.com  
 Membership: Eric Stein 949-280-1339  
eric@shpoa.us

**Appointed Officers**

Land Use: Bill Eick (W) 248-0050  
(H) 353-6191  
weeick@pacbell.net  
 Equestrian and Trails: James & Andrea Gutman  
353-5974 - jgutman1@ca.rr.com  
Deirdra Vierra  
795-5945 - theknothead@gmail.com  
 Special Projects: Vacant  
 Neighborhood Watch: Sue Mansis 554-8113  
suemansis@shpoa.us  
 Daily Fodder and Lost/Found Pets: Terry Ortiz  
shpoa@shpoa.us  
 Webmaster: Carlos George  
webmaster@shpoa.us  
 Newsletter Coordinator: Colleen Caamaño 209-4972  
ccaamano@yahoo.com  
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 Ad Collection: Toni Ingallina 951-1136  
advertising@shpoa.us  
 Layout: Mike McCoy 273-4195  
mccoyart@yahoo.com  
 Historian: Vacant  
 Hospitality: Martha Hankins 951-1669  
mhankins@ca.rr.com

SHPOA's Mailing Address: P.O. Box 345, Sunland, CA 91041

SHPOA's E-mail Address: shpoa@shpoa.us

Website: www.shpoa.us

Printer: Wright Color Graphics  
Linda Fullerton, 246-8877  
linda@wrightcolor.com

**Senior Lead Police Officers:**

Sunland: Rudy Rodriguez 634-0705 (cell)  
756-8866 (office)  
33940@lapd.lacity.org

Sun Valley: Michelle Rodriguez 634-0755  
31020@lapd.lacity.org

**Foothill Trails District Neighborhood Council (FTDNC):**  
www.ftdnc.org

West Shadow Hills/Stonehurst: Terry Kaiser  
hdconcerns@ca.rr.com  
Robert (Bob) Bell

East Shadow Hills/East LVT: Dale Gibson 968-8670  
Mike Carpenter 470-5235  
lamikec@yahoo.com

**SHPOA Election Results**

By Dave DePinto

Per SHPOA's bylaws, elections were held at the November general meeting for the elected board positions. Here are the results:

- President – Dave DePinto
- Vice President – Sue Mansis
- Treasurer – Vacant
- Recording Secretary – Katherine Dayen
- Executive Secretary – Linda Fullerton
- Membership Director – Eric Stein
- Immediate Past President (not elected; serves per bylaws) – Elektra Kruger

The Elected Board will be considering candidates for appointed board positions that will be announced at the January general meeting. The need for volunteers continues and nominations/self-nominations are welcome. If you are interested, please email: [shpoa@shpoa.us](mailto:shpoa@shpoa.us). The positions to be filled include: Land Use Chairperson, Newsletter Director, Outreach Director (Daily Fodder), Hospitality Chair, Website Director, Neighborhood Watch Chairperson, Equestrian and Trails Chairperson, Special Projects, Chairperson, Historian, Hospitality Chairperson.

Thank you to those who attended our November meeting and voted. Good luck to all of our volunteer Board members in 2013.

**New Year's Resolutions for Pet Parents**

By Denise Fleck, Sunny-dog Ink

**1. GET TO KNOW YOUR PET!** Knowing what is normal can help you more quickly determine when something is not. Do a weekly Head-to-Tail Check of your pet, feeling for lumps and bumps; noticing the condition of the skin and coat and feeling for any tender spots. Pay attention to your pet's habits – is he drinking more than usual or asking to go outside more frequently? Any change should be checked out. Discovering a problem early and getting prompt medical attention could be a lifesaver.

**2. DON'T SKIP ANNUAL VETERINARY VISITS!** Unfortunately, dogs and cats don't live as long as we do. Each calendar year compares to approximately seven years worth of physiological changes in us. Have your veterinarian examine your pet and perform tests to ensure organs are functioning properly. Spay or neuter your dog or cat! Doing so will lower the risks of many Cancers as well as lower the number of homeless animals. FYI, 80% of all dogs and cats hit by cars are non-neutered males.

**3. SOCIALIZE AND TRAIN YOUR PET.** An obedient dog is less likely to get into trouble. He'll "leave it" and not ingest poison and will "stay" out of traffic. Good mannered pets are welcomed family members able to go on outings and be part of gatherings. A well-socialized dog or cat is less likely to bite a person or get into a fight with another animal. Train, socialize and give your pets the love and attention they deserve. Exercise does a canine, feline and human body good and besides keeping joints limber, provides much-needed nutrients including oxygen to the brain and other organs.

**4. READ LABELS AND FEED THE BEST FOOD YOUR BUDGET WILL ALLOW.** Know which human foods are dangerous to cats and dogs, and don't create your own dishes unless you are educated in pet nutrition. Just

because it's good for humans, does not make it good or even safe for our pets! Read ingredient labels and know WHAT you are feeding. Fillers and chemicals do not a healthy pet make, and a high quality protein should be #1 on the label. Keep your pet at a healthy weight – you should feel the ribs but not see them.

**5. PLAN FOR THE UNEXPECTED.** Learn Pet First-Aid & CPR and have at least one Pet First-Aid Kit handy so that you'll have the right tool for the right job! Know the location of your nearest Animal Emergency Hospital, and develop a Disaster Preparedness Plan for your entire family, including pets.

**Busy 2012 Ends with Elections, Annual Report, Soup, Song and Thanks**

By Sue Mansis

SHPOA brought the year to a close at our November General Meeting, during which more than 75 attendees (members, advertisers and friends) were greeted with a tummy warming variety of homemade soups, breads and goodies, while enjoying holiday songs by children from local schools (Our Lady of Lourdes in Tujunga and St. James in La Crescenta) and directed by Shadow Hills resident Jeannette Sermak Proulx from Plaza Production One.

The meeting wrapped with entertainment by the energetic and very impressive "Tap Chicks" (Shadow Hills residents) who tapped and danced to lively music to the delight of us all! The meeting's agenda included elections for 2013 and the presentation of SHPOA's first Annual Report - a comprehensive year in review as well as goals for the year ahead (view the Annual Report on the SHPOA website: [www.shpoa.us](http://www.shpoa.us)).

We are sincerely grateful for the loyal support of our members and advertisers in 2012 and wish to sincerely thank you for your encouragement and belief in SHPOA's volunteer efforts on behalf of this community.

Shadow Hills Property Owners Association

**SHPOA**  
Membership Form

Shadow Hills area residents, it's time to join SHPOA for the 2012 calendar year!

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Newsletter only = \$10

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**Tapping in the Hills**

By Sue Mansis



We all know about Shadow Hills' horses, goats and roosters, but what about its dancing chicks? Residents Pam Kay and Patty Stine Billingslea (center and right in the photo) are neighbors and members of the "Tap Chicks," a delightfully entertaining dance troupe originating from the Pasadena Senior Center, where Pam teaches and choreographs Broadway style routines for tap and jazz.

What makes these women so amazing is that they are no 'spring chickens,' yet they prance and frolic better than ladies half their age! The group has performed at a wide range of venues throughout their 15 years together, including the L.A. County Fair, opening ceremonies for the Senior Olympics, the Pasadena Follies, the Sierra Madre Playhouse, and for many parades and civic groups. Led by the very energetic and vivacious Pam, who also plays banjo, sings and jokes with the audience, the Tap Chicks are pure entertainment for young and old.

Featured at the recent November 2012 general meeting, they were a wonderful surprise and compliment to our night of fun and holiday cheer and we hope they will come again to wow us in 2013!

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- For more information call: 888-4LAPET1 or 888-452-7381.

**#4 of 12 Reasons You Should Plan for Long Term Care**

By Seth Walsh

Do you like people telling you what to do? Try this one on for size: your adult children are now in charge of your finances, they cook all your meals so you don't always get what you want, when you want it, or the way you want it. They drive you where you need to go but on their schedule. They give you baths (that's gotta be fun) when it's convenient for them to do so because they have their lives to take care of also. You feel guilty, since you know they're doing the best they can and their lives were already crazy busy before you moved in.

Tension grows about who controls the TV, taking medication, time off from work, unplanned emergencies and on and on. And then family turmoil begins because some family members are carrying more of the responsibility than others.

You hate to see the family strife, but – at this point in your life - you are powerless to do anything about it. They all love you, but sometimes love is just not enough.

Welcome to the world of unplanned long term care. I've lived the scenario just described to you with my own mother and brothers. This is the ugly part of long term care. And I hate to be the bearer of really bad news – but I'm telling it like it is –because I wish someone had told my mom many years ago because she didn't have a plan. You can learn from her mistake and my experience.

The truth is – if you're ready to hear it – you can make changes now to save you and your kids from living this reality. Reason #4 is: Long Term Care Planning buys things that most of us take for granted – independence, choice, and dignity. Now that we are in the new year I encourage you to starting educating yourselves about long term care so you don't have the family experience that I had.

Seth Walsh is your Shadow Hills neighbor. Call him at 818-825-3702 or email him at [seth@sethwalsh.com](mailto:seth@sethwalsh.com). He will share everything he has learned about long term care with you.

**Seth C. Walsh, your Shadow Hills neighbor**



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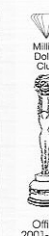


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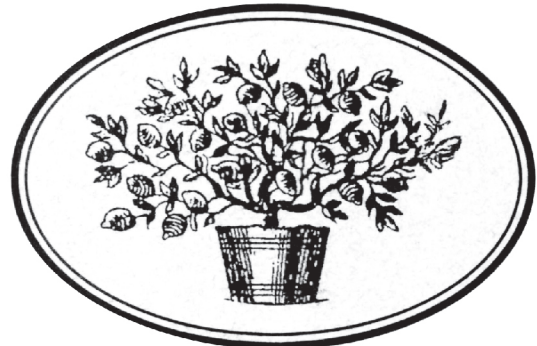
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## Two Recipes From SHPOA's November Meeting

### 1. Spicy Veggie Corn Muffins by C.J.

In a large bowl combine:

- 1 cup of cornmeal (I use Albers Yellow Corn Meal but if you want them more "muffin-like" use a Corn Flour or fine ground Corn Meal like Bob's Red Mill. If you want to have some fun, use Bob's Red Mill BLUE Corn Meal. Really pretty!)

- 1 cup of All-Purpose Flour or All-Purpose unbleached flour
- 1/4 cup of light brown sugar
- 2 tsp. baking powder (not soda!)
- 1/4 tsp. salt

In another bowl combine:

- 1 extra large egg
- 1 cup milk
- 2 Tbsp vegetable or vegetable-canola oil

Stir egg mixture into the dry mixture, just until moistened. Finely chop 1 cup of baby spinach, 3-4 green onions (tops and all) and fold into mixture. Add 3/4-1 cup of shredded cheese (such as Kraft Mexican Four Cheese which has Monterey Jack, Cheddar, Asadero and Queso and a little cream cheese). You can use any cheese you want but make sure it's a "good melter". Last, put in a (rinsed) 4oz. can of Hatch Mild chopped green chiles. If you want more heat, seed and dice 2 Jalapeno peppers.

I fill paper muffin cups about 3/4 of the way and bake them at 350 or 375, depending on your oven. It can take anywhere from 10 - 20 minutes. Mine are done in about 12 minutes. They'll get slightly golden when they're ready for the toothpick test -add the brown sugar to give a slight sweet taste with the spicy. You can take away any of the veggies or substitute as long as you aren't making the mix too dry or too moist. If you add mushrooms, use fresh and dice them finely. For a change you can add fruit. Apples, peaches, pears or golden raisins are great! Just add a bit of apple pie spice to change these into dessert muffins. Enjoy.



### 2. Bulgarian Meatball Soup by Martha Hankins

- 1 pound of ground beef or ground turkey
- 1 tsp. savory
- Salt, pepper, flour
- 6 cups of water
- 6 Tablespoons rice (plain white)

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- 2 beef or chicken bouillon cubes
- 1/2 bunch green onions, sliced
- 1 large green pepper, chopped
- 2 medium carrots, peeled and thinly sliced
- 3 to 4 tomatoes, peeled and chopped
- 1 or 2 small yellow chiles, split and most seeds removed
- 1/2 bunch parsley, minced
- 1 egg
- Juice of one lemon

Combine beef, rice, and savory. Season to taste with salt and pepper. Mix lightly - form into balls, then roll in flour. Combine water, bouillon cubes, salt, pepper, carrots, the 6 tablespoons rice and tomatoes into a large kettle. Cover, bring to a boil and simmer 30 minutes. Add meatballs and simmer for 20 minutes. Add chilies and simmer until the rice in the meatballs is cooked. Salt to taste. Just before serving, beat egg with lemon juice. Stir 1 to 2 Tbsp. of your cooked soup into egg mixture, and then stir egg mixture into soup. Heat and stir until soup is thickened. Add 1 teaspoon paprika slightly, then serve.



## 2013: Year of Disaster Preparedness

By Sue Mansis,

Shadow Hills Neighborhood Watch Coordinator  
(818-554-8113)

Joining with LAPD, LAFD and the city of L.A., Shadow Hills Neighborhood Watch will focus on Emergency and Disaster Preparedness beginning in January 2013. Within our neighborhoods, we find diverse abilities, skills and knowledge that could be critical to our survival in the event of a disaster or emergency. At the very least we need to be prepared to live on our own for 1-2 two weeks, but up to a month is even wiser.

The most obvious disaster for us in LA. is earthquakes, but there are others to consider: flooding, public health crises, including viral or bacterial outbreaks, chemical or biological releases, landslides, fires, terrorism, and/or cyber security disasters.

Becoming part of a Neighborhood Watch on your street will make you ready. Join us in January 2013 as we meet to discuss how we can prepare as a street, a neighborhood and a community for any disaster or emergency in the coming year ahead. Watch for further information and meeting dates on our website and Daily Fodder.

**Sharon Yoho**  
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## Update on Multi-Year/Discounted Equine License Fees

by Elektra Kruger

In late September 2012, the City Attorney presented to the City Council - upon their request - a Draft Ordinance authorizing the Department of Animal Services to issue multi-year and discounted equine licenses. Currently the cost of annual equine licenses is \$14.00.

The proposed Ordinance provided for a discount of 10% for a one-year license (does that mean an annual fee of \$12.60 which is 10% of the current \$14.00?), 20% for a 2-yr license, 30% for a 3-yr license, 40% for a 4-yr license and 50% for a 5-yr license. In mid-October, the City Attorney caught the glaring error of the original Motion - the 10% discount for a one year license.

They testified before the City Council's Animal Welfare Committee to apprise them of the error and to request authorization to revise the proposed Ordinance. The revised draft Ordinance was prepared and presented to the Animal Welfare Committee in late October 2012. A one year license will remain \$14, from there multi-year licenses will be discounted as presented in the original Motion - 20% for a two year, 30% for a three year, etc. Because the Ordinance involves a mere change in fees and will not result in any impact, direct or indirect, on the environment, the Ordinance will be exempt from CEQA. Alterations in fee structures do require public hearings per California State code. SHPOA will keep you informed on this issue.

## It's A Jungle Out There: Meet SHPOA's Wildlife Representative

by Colleen Caamano

Living in the foothills occasionally includes some surprises. Ever encounter a snake in your garden who says his hiSSSSstory is harmless? Heard the latest story about the gang of coyote graffiti artists? Or, the gopher family trying to thumb a ride to Tujunga?

Well, if you wonder what is true and what is fictitious when it comes to wildlife situations, we now have someone to turn to for advice and assistance. Dana Stangel, SHPOA's Wildlife Representative, has stepped forward to help us understand our wildlife neighbors through this newly-created volunteer role. Dana is a former biology teacher who currently operates Teranga Ranch Reptile Rescue and has been a volunteer with the Wildlife Waystation for 15 years. The goal of her new role with SHPOA is to help us coexist with wildlife and respond appropriately to the

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presence of creatures that often spark fearful reactions.

A key theme of Dana's mission is to help us know what to do and what NOT to do when coming face-to-startled-face with wildlife friends. For example, without mountain lions, we would not have song birds! (I will leave it to her to expound on this topic in a later article.) And, did you know king snakes are harmless to humans and feed on rattlesnakes? Ergo, king snakes are our friends. Killing a king snake just paves the way for Mr. Rattler. And this may seem obvious, but you know gopher snakes eat gophers, right? Draw a smiley face on that one!

Dana will be providing us insights for living with coyotes, mountain lions and snakes through a series of articles and publications to be made available in future issues and the SHPOA website at <http://shpoa.us>. And, if you need to know the difference between a "king" and a "rattler" right away, her contact info is: Dana Stangel, Teranga Ranch, PO Box 4222, Sunland CA 91041, 818-305-4377, [dana@herpfreak.com](mailto:dana@herpfreak.com) or on Facebook, "Teranga Ranch." Welcome aboard, Dana!

## Shadow Hills Presbyterian Church Preschool Update

Shadow Hills Presbyterian Preschool wishes to become a more active part of the Shadow Hills community. We recently partnered with Tierra Del Sol and hired a client from there. As you most likely know, Tierra Del Sol helps find job placement for Developmentally Disabled adults and our Preschool has just the position for one of their clients. We recently hired a young woman to help in our playground area, watching children and maintaining a safe and clean environment for the students. It has proven to be a rewarding partnership. All clients of Tierra are assisted and trained by a job trainer from Tierra until the client can manage on their own. We are thankful for this partnership and for the help we receive from the Tierra Del Sol organization.

The Preschool has also offered to help the nearby Bailey Center Food Bank. Students, staff and families will be helping to replenish the food bank with nonperishable food items, clothing and other necessities as needed by the Bailey Center.

Shadow Hills Preschool is proud of who we are and what we do. Please feel free to call or stop by for a tour of our facility to see what we are all about. We are located on Johanna Ave. at Sunland Blvd.

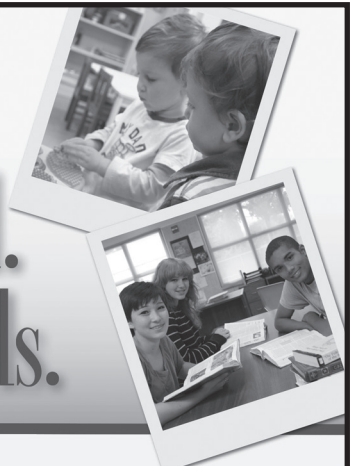
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**Foothill Mounted Patrol Breaks New Ground**

by Chris Arlington

By now everyone should have heard of us. We are a group of citizens that started a Mounted Patrol for Hansen Dam about 2 1/2 years ago. Some of us have gone further and applied to become official volunteers for the Los Angeles Police Department. Our first deployment with the LAPD was on Black Friday November 23, 2012. Our team of four was deployed to ride the parking lot at Best Buy, Costco, and Lowes. We were assigned two police radios and split into groups of two and patrolled the rows in the parking lot. Many people stopped to thank us for being there. We want to thank the stores for providing us with water, apples, pizza and a shovel for poo patrol. We were eyes and ears only and called the command center if we saw anything going on.

The Foothill Mounted Patrol can always use more volunteers. You do not have to volunteer for the LAPD if you become a member. The more members we have, the more visibility we have in Hansen Dam and it becomes safer for all of us. If you wish to join or just become an associate member please contact Rene Herrera at mkranch@me.com.

PS - if you use the corral at the Angeles National Golf Course, please clean up after yourself and take your trash out. The corral is a luxury they have allowed us to have. Please do not abuse it.

**Los Angeles's "Most Wanted"**

by Elektra Kruger

Los Angeles has a rewards program that frequently offers monetary rewards to the general public for information leading to the arrest and conviction of criminal suspects. Channel 35 provides programming for the general public with news, current events and other informational items involving City government and our communities.

Councilmember Tom LaBonge believes that the City's "Reward Program" could be greatly enhanced by utilizing Channel 35 with information on unsolved cases, victims and availability of a reward for useful information that ultimately leads to the arrest and conviction of a suspect in unsolved cases. This would open up a wondrous avenue of providing our law enforcement agencies and media outlets with vital information such as photos, videos, eyewitness accounts, descriptions - all that could then be publicized to the residents of Los Angeles thereby adding to the "eyes and ears" of our law enforcement officers.

In late August 2012, Councilmember LaBonge presented

a Motion to City Council asking that they instruct the Council's Information Technology Committee to prepare and present a report on the feasibility of establishing a "Los Angeles Most Wanted" program to air on Channel 35. SHPOA will update you on the progress of this Motion in a future issue of the newsletter.

**Therapeutic Riding at Shadow Hills Riding Club**

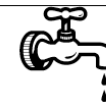
By Dave DePinto

While attending a charitable fundraising Holiday event in the Los Feliz area, I was surprised and pleased to learn the organizers of the Holiday music event were dedicating the proceeds to the Shadow Hills Riding Club and its therapeutic riding programs. I had the pleasure of talking with program director and co-founder Johnny Higginson, who is actually a neighbor.

The Shadow Hills Riding Club is located on La Canada Way near Wheatland (Rocking W Ranch) in Shadow Hills, one of several facilities within our community either dedicated to or involved in assisting youth and riders with disabilities. Shadow Hills Riding Club (SHRC) is a P.A.T.H. International Premier Accredited Riding Program. Shadow Hills Riding Club offers therapeutic riding programs in which horses are used as a tool for physical therapy, emotional growth and learning for individuals with mental, physical, and/or emotional disabilities, and to carry on other charitable activities associated with this purpose.

Shadow Hills Riding Club is a 501c3 non-profit organization, offering certified therapeutic horsemanship to children and adults, as well as Spring and Summer camps for able-bodied children, the fees for which go to raise funds for the therapeutic horsemanship program. If you would like to make a charitable donation, the Shadow Hills Riding Club's tax ID# is 27-0537010. Please visit their website www.shadowhillsridingclub.org.

Johnny Higginson's email address is Johnny@shadowhillsridingclub.org. He can be reached by phone at the main office (818-352-2166) or by cell (213-761-0549).



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**"Spirit of Johnny Carpenter" Awards Held**

The 10th Annual "Spirit of Johnny Carpenter" Awards were held outdoors for the first time on Friday November 17th, 2012, at Courtship Ranch in Lake View Terrace. Over 70 people saw Rene Herrera, Foothill Mounted Patrol, and Mike Carpenter honored. The award was created in 2003 to honor the legacy of the late Johnny Carpenter - stuntman, cowboy and actor, whose original Heaven on Earth Ranch stood on Foothill Place in Lake View Terrace. Johnny taught physically and mentally challenged children/young adults how to ride horses. He also opened his authentic western built ranch to local school children.

Assemblyman Felipe Fuentes presented a certificate from the state of California. Also present were Jack Kayajian from the Mayor's Office, Mary Benson from Councilman Alarcon's Office, and Teresa Lamb Simpson from Congressman Schiff's Office. Congressman Brad Sherman and Supervisor Michael Antonovich sent certificates to be presented too.

Many different organizations were represented including Foothill Trails District Neighborhood Council, SHPOA, ETI, Summerhawk, Valley Village, Foothill Division LAPD, and La Tuna Canyon among others.

NHOER now has its PATH certification membership and is moving forward to acquire the necessary insurance to begin its own riding program/clinics with the assistance of "Special Spirit" in Shadow Hills.

**City Map of Hansen Dam**

by Elektra Kruger

The Lopez Canyon Community Amenities Trust Fund provides funding for community amenities in the vicinity of the Lopez Canyon landfill - areas such as the Hansen Dam Basin. A company known as Cartifact, Inc. has produced many professional maps of other parks for the City - parks such as Griffith Park and Exposition Park. Cartifact has the expertise and resources to create a map of Hansen Dam that the City itself does not have. This map would be made available on the City Web-Site and also be made available in printed form. The City's own

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General Services Printing Department can print the maps. In early November 2012, Councilmember Richard Alarcon presented a Motion to City Council asking that they resolve to have \$8,156.25 of the Amenities Trust Fund No. 531-14 Account No. L302 be utilized to fund initial creation of the map by Cartifact. Additionally, the Councilmember requested that the Council resolve to have \$1,617.22 of the Amenities Trust Fund monies be transferred to the City's General Services Fund No. 706 Department 40 Account No. 40000A to print 5,000 copies of the map. Rather than having any Committee review, this Motion was forwarded directly to City Council, which approved funding for creation of the Hansen Dam area map and the Mayor approved it on Nov. 21. This has now been forwarded to the City Attorney to be processed.

**Helpful Hint of the Month for the Horse Owner**

By Dr. Lindsey Brown

A very comprehensive list is shown in full on the SHPOA website (www.shpoa.us). Due to its length, we'll cover one tip per issue of our newsletter.

Tip # 2 - VITAL SIGN ASSESSMENT. To take your horse's temperature, you will need a glass or digital thermometer, a lubricant such as Vaseline, and a gentle hand. If your thermometer is glass, shake down the mercury, lube, insert in the anus, clip attached cord to the tail, and leave in for approximately 2 minutes. If a digital thermometer is used, lube, turn on, insert in the anus, and hold until it beeps. It is a good idea to take your horse's temperature on several healthy days to get an idea of what is normal for your horse. Normal temperature is 99.0-101.0 degrees Fahrenheit.

Heart rate (HR), measured in beats per minute, can be assessed by feeling a pulse over an artery or by listening to the beat of the heart with a stethoscope. There are several places to feel the pulse such as under the jaw or just below the fetlock (ankle). To listen to the heart, place the stethoscope on the lower left chest just behind the left elbow. Count the heart beats for 15 seconds and multiply by four. Each "lub-dub" is considered one beat. Normal HR is 32-48 beats per minute.

Respiratory rate (RR), measured in breaths per minute, is attained by watching the nostrils flare or the chest expand and contract. Inspiration and expiration counts as one breath. Normal RR is 8-12 breaths per minute but can vary widely due to weather or excitement.

There can be such a thing as "killing your horse with kindness" by overfeeding or giving too many sweet supplements. Horses that are overweight are at increased risk for various medical issues such as laminitis. The BCS range is from 1 (emaciated) to 9 (obese). The ideal BCS is between 5 and 7.

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**Murals in Shadow Hills? - Continued**

by Elektra Kruger

There have been some mumblings in Shadow Hills about the possibility of having murals painted on some of our private property plain cinder-block retaining walls as a beautification project. Murals on private property are currently illegal in LA, but there have been many controversies throughout the City of private property owners with long-time existing "unpermitted" murals being cited and required to be removed.

To deal with the controversy, in early June 2011, Councilmember Jose Huizar presented a Motion to City Council asking that they declare a moratorium on the issuance of notices to remove murals IF the property owner could provide evidence that the murals were completed prior to April of 2002. What is so magic about April 2002? That was the year that the City adopted its Comprehensive Sign Ordinance which prohibited "mural signs" except when "mural signs are specifically permitted pursuant to a legally adopted Specific Plan, Supplemental Use District or an approved development agreement." Our Scenic Preservation Specific Plan makes no allowances for murals. Further, the Motion asked that the Council ask several city departments and representatives of the "mural community" to form a working group to look into how funding could be restored for a program to convince private building owners to maintain murals located on their properties.

That Motion was referred to both the City Council's Planning and Land Use Management Committee and Arts Committee. In early June 2011, Councilmember Bill Rosendahl spoke to the City Council of the nexus between murals and our cultural heritage. Several ideas had been discussed within in the City to establish new regulations for the preservation of existing murals and the creation of new murals. Some of those ideas have included the concept of creating "mural districts" under the Comprehensive Sign Ordinance which does already allow for the establishment of Sign Districts for special sign regulations designed to enhance the theme or unique qualities of an area.

What community is more "themed" or more "unique" than our very own Shadow Hills? To be continued in future issues of the SHPOA newsletter.

**Equestrian Improvements in CD7**

by Elektra Kruger

The City of Los Angeles has a large equine population and more than 90 miles of equestrian trails. Many of the City's trails are only accessible by having to utilize main roads and highways to initially reach them - and many of those streets have no designated street crossings creating a hazardous situation for horses, equestrians

and drivers. A number of collisions between equestrians and vehicles have been reported over the years as riders are crossing streets in an attempt to access a nearby trail.

The Los Angeles Department of Transportation has already formulated a plan to install "Equestrian Actuated Flashing Warning Beacons" - better known as "smart equestrian crosswalks" - at key horse crossings in the NE San Fernando Valley. In addition, Councilmember Richard Alarcon of CD7 has identified various sources of funding for installation of these traffic control devices as well as enhanced equestrian signage throughout the District.

The City Council has approved the appropriation of \$100,000 from the Lopez Canyon Community Amenities Trust Fund to be used for horse trail improvements in CD7. Additionally, an anonymous community resident offered a private donation of \$50,000 to be dedicated toward these projects. And, the Angeles National Golf Course Trust Fund, has \$250,000 available for equestrian related improvements along Foothill Boulevard in the adjacent community.

Based on this, in late October 2012, Councilmember Alarcon presented a Motion to City Council asking that \$150,000 of the Angeles National Golf Course's Trust Fund be transferred into a new account to be set up by the Department of Transportation for use to bring a number of equestrian safety enhancements to fruition. The Motion also asks that the Department of Recreation and Parks provide the City Council's Parks Committee with a report on its plans for future expenditures of funds remaining in the Angeles National Golf Course Trust Fund. The Motion asks to dedicate the private donation of \$50,000 to horse crossing enhancements at Foothill Boulevard and Osborne St./Little Tujunga Rd. SHPOA will update you on this matter via Daily Fodder and the newsletter.

**Councilman Alarcon's Equestrian Improvements Motion - Targeted Locations**

By Elektra Kruger

Councilmember Alarcon's motion asked that the Department of Transportation officially designate these intersections as equestrian crossings, noted with appropriate signage and utilizing "Equestrian Actuated Flashing Warning Beacons" if the Department sees them as necessary to assure safety to riders and drivers:

- Wentworth and Wheatland
- Wentworth and Mary Bell
- Foothill and Christy

The Motion further asked that City Council instruct the Department of Transportation to check out the following locations and install "Equestrian Symbol" and/or "Share the Road" warning signs where they deem them to be needed:

- Art Street between Stonehurst and Wheatland
- McBroom between Johanna and Stonehurst
- Wheatland between Wentworth and Sunland
- Orcas between the Hansen Dam Recreation Center and Ruggiero
- Stonehurst between Wentworth and Sunland
- Johanna between McBroom and Sunland
- La Canada between Wheatland and Sunland

The Motion was referred to both the City Council's Parks Committee and Transportation Committee for their review and recommendation. While one would think that Transportation would have the most to say about the issues involved, the Transportation Committee was the one that waived consideration of the Motion. To be continued in a future issue of the SHPOA newsletter.

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**Animal Specialty Group** www.asgvets.com  
4641 Colorado Blvd. (off 5 Fwy), Los Angeles 90039  
(818) 244-7977 Mon–Fri: 2pm–8am  
Weekends: 24 hours

**Animal Emergency Centre** www.valleypet911.com  
11730 Ventura Blvd., Studio City 91604  
(818) 760-3882 Mon–Thurs: 6pm–8am  
Weekends: Fri 6pm–Mon 8am

**East Valley Animal Shelter  
Needs Blankets, Towels,  
Toys And Treats For Cats And Dogs**

**Please Bring Items To  
East Valley Feed & Tack**

*Mark your calendar . . .*

## SHPOA Regular Meeting - Tuesday, January 22, 2013 - 7 pm • Tierra Del Sol

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### Key Community Locations & Contact Information

- All Nations Church: 10000 Foothill Blvd., Lakeview Terrace
- Bolton Hall: 10110 Commerce Ave., Tujunga (818-352-3420)
- Lakeview Terrace Recreation Center: 11075 Foothill Blvd., Lakeview Terrace
- Shadow Hills Presbyterian Church: (Johanna/Sunland Blvd. intersection); Pastor Janet Winslow (818-353-2500)
- Stonehurst Park: 9901 Dronfield, Stonehurst/Shadow Hills (818-767-0314)
- Stonehurst Elementary School: 9851 Stonehurst Ave., Sun Valley
- Tierra del Sol: 9919 Sunland Blvd., Shadow Hills
- Village Christian School: 8930 Village Ave., Sun Valley
- City of LA North Valley Neighborhood City Hall/Office CD7  
Councilmember Richard Alarcon; 7747 Foothill Blvd., Sunland

### Community Calendar

#### LAPD Communittee Coffee

- 1st Tuesday, Every Month
- 8 a.m.–10 a.m.
  - Albertson's/Starbucks, 6240 Foothill Blvd.

#### FTDNC Land-Use Committee meeting

- 1st Tuesday, Every Month
- 7 p.m.
  - 9747 Wheatland Ave.

#### Neighborhood Watch

- 3rd Tuesday, Every Month
- 6:30 p.m.
  - East Valley Municipal Bldg.

#### "Prime Timers 60+"

- 3rd Wednesday, Every Month
- Shadow Hills Presbyterian Church
  - Call church 818-353-2500

#### Hansen Dam Park Advisory Board

- LAST Tuesday, Every Month
- 7 p.m.
  - Lakeview Terrace Recreation Center

#### Foothill Trails District Neighborhood Council

- 3rd Thursday, Every Month
- 7 p.m.
  - Lakeview Terrace Recreation Center
  - www.ftdnc.org

### ADVERTISING DEADLINE Mar/Apr Newsletter: Feb 5

### IMPORTANT CITY NUMBERS

- Dial 311 – Info on all City Services
- L.A. Dept. of Water & Power (800) 342-5397
- Street Service ..... (800) 996-2489
- Large Item Pickup..... (800) 773-2489
- Abandoned Car..... (800) 222-6366