SHIOA

Shadow Hills Property Owners Association Dedicated to Preserving Rural Community

Volume 36, Issue 4



A Neighborhood Where Families Grow

July-August 2013

Changing of the Guard in Council District 7

By Dave DePinto





Richard Alarcon

Felipe Fuentes

As June came to a close, so did Councilman Richard Alarcon's term as our CD7 Councilman. While his term was short in time, it was not short in service as we saw more basic services, equestrian and public safety measures implemented than at any time in the recent past. Many of us clamor for our Mayor, City Council and City Departments to focus on basic services such as street paving, public safety, jobs and tree trimming.... before worrying about less important "political" issues. Councilman Alarcon and his staff did exactly that with responsiveness that will be hard to beat.

On July 1, former Assemblyman Felipe Fuentes became our new City Councilman. He's gone to great lengths to get to know our community during the campaign and in the months leading up to his swearing in. He rode a horse with us for the first time at SHPOA's May meeting and is even raising chickens in his yard to become further sensitized to our country lifestyle. SHPOA has gone to great lengths to inform and to build a relationship with the new Councilman because we have a lot of work to do here in Shadow Hills.

On behalf of the residents of Shadow Hills, Councilman Alarcon, we thank you and wish you, your family and your dedicated staff all the best in the future. And Councilman Fuentes, our best days are ahead and we look forward to partnering with you for the benefit of our communities, residents, businesses and the City of Los Angeles.

New! Listings of Equestrian Services Organizations! See Pages 4, 5, and 6!

JULY SHPOA MEETING Tierra del Sol Tuesday, July 9, 7:00 p.m.

LAPD UPDATES IN SHADOW HILLS!

- Local Crime Transient Issues
- Plans for Citizen Volunteer Patrols
- Updates on renewed speed limits and radar enforcement on Sunland Blvd.

Benefits and Value of SHPOA Membership

Preserve Country Lifestyle

- √ Fight for code enforcement to protect residential zoning
- √ Provide legal counsel and referrals
- Expand trail system, open space and wildlife corridors
- √ Support equestrians and equestrian organizations
- Advocacy with government and law enforcemnt agencies

Protect Public Safety, the Environment and Property Values

- √ Initiate Neighborhood Watch groups
- √ Liaison to local police and fire departments
- √ Assist animal health and care
- Reduce speeding, unsafe driving and trash truck traffic
- √ Community beautification and clean-ups
- √ Partner with real estate community

Promote Shadow Hills

- Market unique lifestyle and real estate properties
- √ Conduct SHPOA membership drives
- Hold general member meetings with guest speakers, helpful information and entertainment
- √ Bi-monthly newsletter
- √ Daily email outreach and information
- √ Website information
- √ Special events and signage

2013 SHPOA Board Members

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President: Dave De Pinto 352-7618

7daviddepinto@ca.rr.com

Vice President: Sue Mansis 554-8113

suemansis@shpoa.us

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linda@wrightcolor.com

Katherine Dayen Recording Secretary:

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Eric Stein Membership: 949-280-1339

eric@shpoa.us

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(H) 353-6191

weeick@pacbell.net

James & Andrea Gutman 353-5974 - jgutman1@ca.rr.com

Deirdra Vierra

795-5945 - theknotheads@gmail.com

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818-756-8866 31095@lapd.lacity.org

Sun Vallev: Michelle Rodriguez 634-0755

31020@lapd.lacity.org

Foothill Trails District Neighborhood Council (FTDNC): www.ftdnc.org

West Shadow Hills/ Terry Kaiser

hdconcerns@ca.rr.com Stonehurst:

Robert (Bob) Bell

East Shadow Hills/East LVT: Dale Gibson 968-8670

Mike Carpenter 470-5235

lamikec@yahoo.com

SHPOA Board Ponders Membership and Financial Challenge

By Dave DePinto and Eric Stein

SHPOA needs to confront a long-standing manpower and financial challenge: the Association, which supports ALL of Shadow Hills, is supported financially by a relative few. Only 10% of our community's 2,200 households are members of SHPOA. Is our community still interested in a "high touch", neighbor-to-neighbor community or have new values, changing culture, technology and social media rendered local community organizations like ours obsolete?

Background

SHPOA has served the Shadow Hills community since the mid-1960s with a variety of services designed to "preserve, protect and promote" our country lifestyle, quality of life and property values. SHPOA is not a homeowner association; it is a "neighborhood improvement association." It's an all volunteer organization and it chooses its issues and priorities based on input and feedback from our "members" and residents.

With more than 2,200 households in Shadow Hills, if you assume 3 people per household, that's a community of over 6,500 residents...and that's of the two-legged variety. One of our primary functions, as evidenced by the free newsletter, free Daily Fodder, free website and free bi-monthly meetings, is to inform, engage and advocate on behalf of our residents about important issues. We think we do a great job of this in our all-volunteer way.

Thus, we are struggling with the fact that last year approximately 330 residents joined SHPOA (for \$25) and this year, despite numerous mailings, appeals solicitations, membership payments number approximately 200 four months into the new year.

We thank the contributing members for their support and confidence – you are doing more than your share! But, while serving the entire Shadow Hills community is our objective, we are trying to make sure our services are equitable and cost-effective. With more than 2,000 households receiving ALL the above benefits of membership at NO cost, in effect subsidized by our currently active 200 members, we have to review our future. To be clear, we are not considering dissolving SHPOA at this point, but we are being forced to look at the optimal way for us to serve our active members and whether we continue to provide free services for those who either don't want to support SHPOA or who don't even know or care about SHPOA.

SHPOA basically breaks even each year financially; we don't bite off more than we can chew. We are certified with both the state of California and the IRS as a nonprofit organization. But we could provide even more services, information and advocacy if more members of the community participated. Something has to give and the SHPOA board is reviewing this issue carefully. We will shortly send a letter to all non-members asking for their support and input on their ideas and their needs. We may get a great response...or we may find that indifference and trends like social media have changed our community's needs and culture. SHPOA

Support and Input Needed.

If you have any thoughts or suggestions on this topic, the

Board would love to hear from you. Feel free to speak with any board member, call/write SHPOA president Dave DePinto (818) 352-7618; 7daviddepinto@ca.rr.com), membership director Eric Stein (949) 280-1339; eric@ shpoa.us) or come to any of our upcoming meetings. We will discuss this issue further in the upcoming months. If this article interests you in joining SHPOA, please use the membership form included in this newsletter or visit the membership section of our website at:

(http://www.shpoa.us/Membership Subscription.html)

Thank you. 🐴

Public Safety Issues and Updates at July Meeting

By Sue Mansis

Save the Date: Tuesday, July 9th at 7 p.m.

Our July meeting at Tierra del Sol will feature an LAPD update on local crime, transient issues and plans for a citizen volunteer patrol. The LA Sheriffs Department will provide an update on the trails, wash and ponds. LAPD Valley Traffic will update us on the current status of renewed speed limit and radar enforcement on Sunland Blvd., and Foothill Mounted Patrol will update us on Hansen Dam, surrounding trails, transients, river bed and public area conditions.

Friends and neighbors: this is your chance to discuss issues facing Shadow Hills and your neighborhood! Drinks and goodies served. Tierra del Sol is located at 9919 Sunland Blvd.

New Daily Fodder Eligibility Policy

By SHPOA Board of Directors

Daily Fodder is a very popular and growing service provided by SHPOA. Created several years ago by long-time board member Chris Arlington as a way for neighbors to stay in touch in an "over the fence" manner, Daily Fodder now has more than 800 daily subscribers. We appreciate and value the interest and input everyone provides to help Daily Fodder pull our community together and to keep us informed.

If you are a SHPOA member, you can still place information on Daily Fodder at any time at no cost, and receive all the Daily Fodder announcements – nothing is changing for SHPOA members. However, because of the tremendous time commitment Daily Fodder requires, as well as the internet and database management costs involved, we are changing the terms of the service for non-SHPOA members. Non-SHPOA members (Shadow Hills residents and others) will no longer be able to post information on Daily Fodder, though they may still subscribe to the service at no cost and receive Daily Fodder just like they do today.

A \$25 SHPOA membership payment is all that is needed for Shadow Hills residents to gain the privilege of posting information again. We enclose membership applications in each of our bi-monthly newsletters or you may print an application from our website (http://www.shpoa.us/uploads/member.pdf).

Thanks to everyone for their understanding. If you have questions, please contact either Terri Ortiz at shpoa.us or Dave DePinto at 7daviddepinto@ca.rr.com.

Shadow Hills Property Owners Association

SHICA Membership Form

Shadow Hills area residents, its time to join SHPOA for the 2013 calendar year!

Your support and participation are vital to the preservation of our rural community.

Membership = \$25Newsletter only = \$10

Donations are always gratefully received.

I	Name:
I	Address:
	City/Zip:
	Phone:
I	Email:
I	Check one: ☐ New ☐ Renewal ☐ Newsletter Only
Ī	Mail this form with your check to: SHPOA - P.O. Box 345, Sunland CA 91041-0345

How To Register Your Horse

- East Valley Feed and Tack has licensing forms and will submit checks on your behalf to the City (they do not handle credit cards).
- Register online: www.laanimalservices.com/ Laws_Policies/Dog_License.htm
- Visit in person: East Valley Animal Control located at 14409 Vanowen Street, Van Nuys CA 91405
- For more information call: 888-4LAPET1 or 888-452-7381.



Calling All Equestrian Service Organizations!

by Dave DePinto

We have added a new, free and ongoing reference section to the SHPOA newsletter that provides a brief description and contact information for non-profit and charitable organizations serving equestrian needs and interests in and around Shadow Hills. Please submit information about your group or a group you are familiar with to Dave DePinto (7daviddepinto@ca.rr.com; 818-352-7618). If we missed you in this issue, or if any the information we've listed needs updating, we'll get that information into the September newsletter and continue forward from there. **Thank you.**

Equestrian Service Organizations

The following organizations (in alphabetical order) provide specialized equestrian services. If you would like your organization to be listed here, please contact Dave DePinto (7daviddepinto@ca.rr.com or 818-352-7618).

AHEAD with Horses, Inc.

AHEAD (Accelerated Habilitation Education And Development) With Horses Inc. has a 40+ year history of providing unique, highly motivating and effective therapy, education and recreation through horses and related experiences to disabled/disadvantaged/at-risk/special-needs children and has earned recognition educationally, medically and scientifically.

Michelle Newman, Executive Director 10157 Johanna Avenue

Shadow Hills, CA 91040 Phone: 818-767-6373 Fax: 818-767-6231

Email: aheadwithhorses@yahoo.com Website: www.aheadwithhorses.org Non-Profit 501(c)3; Tax ID# 95-3165603

Blue Shadows and California Rangers at MonteVerde Trails Ranch

Blue Shadows is a non-profit equestrian organization dedicated to teach children of all ages how to ride horses. This organization is a mounted drill team that is based off of early cavalry drilling; so not only do members learn how to become a better rider, but they will learn about drill maneuvers as well.

Tammy Wickham

Location: MonteVerde Trails Ranch

11035 Osborne Street Sylmar, CA 91342

Tammy's Phone: 818-731-3094 Ranch Phone: 818-899-9042

Email: BlueShadowsOnline@gmail.com

Website: www.blueshadows.org or www.monteranch.

com/children.php Non-Profit 501(c)3

The California Rangers is for young adults between the ages of 9 to 18 who simply have a desire to ride horses and be a part of a team. You do not need any previous riding experience and you do not need to own your own horse. The only requirement to join is a willingness to

learn, lack of fear and to participate in weekly practices and annual events.

Karin Gannon

Location: MonteVerde Trails Ranch

11035 Osborne Street Sylmar, CA 91342 Phone: 818-962-0225

Email: karin.gannon@verizon.net

Website: www.californiarangers.org or www.monteranch.

com/children.php Non-Profit 501(c)3

Dusty's Riders

Dusty's Riders' mission is to provide at-risk children interactions with horses and nature. The program takes children out of their present environment and exposes them to opportunities for personal growth. Through this interaction, children will build self-esteem and self-awareness. Dusty's Riders is a 501(c)(3) public charity and was founded in 2000 by Jessica (Crawford) Hight and Sarah (Crawford) Williams to help at-risk kids in the Los Angeles area look beyond their current surroundings and open their minds to dream for a better future. Dusty's Riders is run solely by volunteers. There are no paid staff so all donations go directly into the program.

Jessica Hight or Sarah Williams

Location: Gibson Ranch 9655 Wentworth Street Shadow Hills, CA 91040 Office Phone: 323-876-3079 Ranch Phone: 818-951-4335

Email: Dale Gibson: gibsonranch@mac.com or info@

dustysriders.org

Website: http://www.dustysriders.org Non-Profit 501(c)3; Tax ID# 91-2145909

Equestrian Trails Inc.

Equestrian Trails, Inc. was established as a non-profit corporation in 1944 with the Charter to be "Dedicated to the Acquisition and Preservation of Trails, Good Horsemanship, and Equine Legislation". With its combined membership, ETI has successfully worked to keep open our trails and add more equestrian facilities. The more members we have backing equine legislation and trail preservation, the more likely the State, County and City Officials will listen to their constituents needs.

E.T.I. holds hundreds of events each year, such as Trail Rides, Gymkhanas, Trail Trials and Horse Shows. These are organized by local Corrals located throughout

Daily Fodder List Update

By Terri Ortiz

Please note we are updating and cleaning up our files for Daily Fodder and our newsletter. Please send an email to shpoa@shpoa.us to make sure we have your current email and mail addresses. Thank you!



California. The national E.T.I. organization oversees each Corral and the areas where the Corals are located.

Becky Borquez, President

ETI Corral 20

Phone: 818-352-3634

Email: borquez1@haciendapost.com

or eti@etinational.com

Website: www.eticorral20.com

La Tuna Canyon Community Association

Richard Sklarsky, President 9330 La Tuna Canyon Road La Tuna Canyon, CA 91352

Phone: 818-398-3152

New Heaven on Earth Ranch

The New Heaven on Earth Ranch (NHOER) is a CA based 501 c(3) public charity, based in Lake View Terrace, CA, dedicated to the memory of the late Johny Carpenter. Stuntman, cowboy and actor, whose original Heaven on Earth Ranch stood for almost 25 years on Foothill Place in Lake View Terrace., Johny built an authentic western town and taught physically and mentally challenged children/young adult how to ride. NHOER is committed to building the "Johny Carpenter" Arena and establishing the "Randy Horton" Riding Program for physicall/mentally challenged, at risk and disadvantage children and young adults.

Mike Carpenter 9845 Foothill Blvd.

Lake View Terrace, CA 91342

Phone: 818 470-5235

Email: lamikec@nhoer.org or lamikec@yahoo.com

Website: www.nhoer.org

Non-Profit 501(c)3; Tax ID# 27-2613489.

Peacock Hill Ranch

Peacock Hill Ranch Inc. operates a 501(c)3 non-profit that rescues and rehabilitates neglected, unwanted and abuses horses. After careful rehabilitation and evaluation, we place them with appropriate homes.

Royan Herman 10330 McBroom Street Shadow Hills, CA 91040 818-353-1000

Website: www.peacockhill.com

(See "Equestrian Service Orgs" on p. 6)



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Equestrian Service Organizations (cont'd)

Shadow Hills Riding Club

Shadow Hills Riding Club offers therapeutic riding programs in which horses are used as a tool for physical therapy, emotional growth and learning for individuals with mental, physical, and/or emotional disabilities, and to carry on other charitable activities associated with this purpose. **Shadow Hills Riding Club** is a 501©3 non-profit organization, offering certified therapeutic horsemanship to children and adults.

Johnny Higginson or Susan Kelejian Location: Shadow Hills Equestrian Center

10263 La Canada Way Shadow Hills, CA 91040 Phone: 818-352-2166

Email: Johnny@shadowhills-equestriancenter.com or

Susan@shadowhills-equestriancenter.com

Website: www.shadowhillsridingclub.org or www.

shadowhills-equestriancenter.com Non-Profit 501(c)3; Tax ID# 27-0537010

Special Spirit Inc. at Moonshadow Ranch

Located on the private Moonshadow Ranch, *Special Spirit Inc.* provides a safe and serene environment where challenged children and adults can socialize, be at peace, pet the animals, and be one with nature. Our mission is to use therapeutic horseback riding (also known as Equine Assisted Therapy and Adaptive Riding) to help children and adults with cognitive, physical and emotional illnesses conquer their challenges. Therapeutic Horseback Riding has been shown to boost focus, independence, balance, and social skills.

Special Spirit Inc. was formed to help people with all forms of special needs and to spread autism awareness in the greater Los Angeles area. It uses a unique blend of community building, empowerment, and fun to provide the perfect environment for people with challenges and their families.

Eva Lund, President/Treasurer Location: Moonshadow Ranch

9889 Helen Avenue Shadow Hills, CA 91040 Phone: 323-428-5005 Fax: 888-278-6238

Email: info@specialspirit.org

Non-Profit 501(c)3: Tax ID#: 26-2504871

Valley View Vaulters, Inc.

Valley View Vaulters, Inc.'s mission is to encourage and support individuals of all ages and abilities to exceed their own expectations through the art and sport of gymnastics on horseback, also known as equestrian vaulting, resulting in improved quality of life and instilling lessons that will remain with participants forever. Valley View Vaulters was founded in 1980 and focuses on teaching the globally renowned sport of Equestrian Vaulting. It is unique in that it is among the few mainstream, competitive vaulting teams that have both handicapped and non-handicapped vaulters competing in non-handicapped classes.

11295 Orcas Avenue Lake View Terrace, CA 91342 Phone: 818-302-0153

Website: www.valleyviewvaulters.com.

Non-Profit 501(c)3



Helpful Hint of the Month for the Horse Owner

By Dr. Lindsey Brown

A very comprehensive list of tips is shown in full on the SHPOA website (www.shpoa.us). Due to its length, we cover a few tips per issue in our newsletter (following).

Importance of the Body Condition Score

Monitor your horse's Body Condition Score (BCS). The BCS is a system used to rate body condition based on visualization and palpation of fat cover on six areas of your horse's body. The six areas to assess are along the neck, along the withers, crease down the back, tailhead, ribs, and behind the shoulder.

How Much Food Should My Horse Eat?

The average horse should consume 1.5-2.5% of its body weight daily. For example, an average 1,000 pound horse should be fed approximately 20 pounds of feed daily (divided into several meals). Purchasing a weight scale to measure the hay can be helpful.

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New Heaven on Earth Fundraiser – August 10

By Mike Carpenter

The New "Heaven on Earth" Ranch (NHOER) will be holding a major fundraiser on Saturday August 10th, 2013 starting at 6:00 p.m. The hosts are Bill and Gloria McCurdy and they are located at 10025 ½ Foothill Blvd. (NE corner of Esko) in Lake View Terrace. The purpose is to continue to raise funds for the construction and operation of the "Johny Carpenter" Arena and the "Randy Horton" Riding Program.

NHOER has received its PATH Intl. Certification for therapeutic riding and now has Eva Lund of "Special Spirit" to serve as its first PATH certified instructor. The first free riding programs will begin sometime this summer. The arena land and artists rendition was dedicated September 12th 2004 on the original ranch site off Foothill Place. The arena's original intention was to be open to the public and local equestrian groups for their use, seven days a week (Like the public access recreation trail/horse rest area).

As of this writing, details of the fundraiser are being worked out and the community will be notified throughout July and August. There will be sponsorships available and ticket prices will be announced. The theme will be western and there will be lots of good food and drink, entertainment, a silent auction, and the riding program ponies.

For details on the event, NHOER, the riding program and how you can participate, please call 818-470-5235 or email Mike Carpenter at lamikec@yahoo.com. Visit us on our website: www.NHOER.org or go to Facebook New Heaven on Earth Ranch and indicate you like us. We hope to see you at the McCurdy's on August 10th!

NHOER is a CA based 501 c (3) public charity dedicated to the spirit of Johny Carpenter. Their Board of Directors meets the last Thursdays alternating months 7:00 p.m. at the Ranchside Café in Lake View Terrace. Next meeting is July 25th and is open to the public.

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Ribbon Cutting Ceremony for Wentworth and Wheatland Safety Crossing on July 2

by Linda Fullerton

On July 2nd, the first equestrian activated Rectangular Rapid Flash Beacons in California was put into operation at the intersection of Wentworth Street and Wheatland Avenue in the Shadow Hills Community. The system allows equestrians & hikers to press a buttons located at pedestrian and equestrian height that activates yellow beacons that flash very quickly and brightly. In addition, signage is place in advance of the crossing area, notifying traffic with "Equestrian" warning signs with an LED border that also flashes in order to effectively warn drivers that horses & hikers will be crossing the roadway.

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They also added two (2) LED additional overhead street lights at this intersection. This project is a true collaborative effort that required the expertise of multiple city agencies and divisions within DOT, including the Design Division, the

Valley Yard Construction crew, the East Valley District, the Sign Shop, and the Valley Paint & Sign and Marking Operations groups.

The safer crossings are the result of teamwork and leadership involving Councilman Alarcon, SHPOA, the Los Angeles Equine Advisory Committee, Foothill Trails District Neighborhood Council, ETI Corral 20 and the Hansen Dam Advisory Group. You have also seen the 50 + triangle signs that have gone up in Shadow Hills and Stonehurst area that have a horse image with the message "Share the Road".

In addition to our new crossing area a new gate built by Terry Kaiser has been constructed through the coordination of ETI Corral 20 and Foothill Trails District Neighborhood Council funds that will prevent a loose horse from being able to leave the dam area and run onto Wentworth Avenue. There have been 4 serious equine accidents and hundreds of close call incidents in the last 7 years. This will help prevent future loose horse accidents. There are also mounting blocks provided on both sides of the gate.



There are too many names to mention individual people, but Scott Morrill, Rob McDermott, Adam Driscoll, and Manoochehr Adhami are the ones who primarily handled the design and construction. Additional crossings as this one will be placed at Marybell Avenue and Wentworth as well as Foothill Blvd. and Christie in Lake View Terrace.



We owe tremendous gratitude to Councilman Alarcon, his staff and the groups above for making this project a reality. Happy Trails!

Photos: Medgar Parrish

Worming Guide for Horses

By Joe Evans

East Valley Feed and Tack

"Worming" is the practice of medicating your horse in order to destroy harmful organisms within their bodies. Unfortunately, worming is often forgotten until the warm summer months roll around, but it is an important practice to maintain throughout the year. Worming your horse is an inexpensive, beneficial exercise that is best done as a proactive approach to eliminating parasites in your animals to maintain their overall health.

Hopefully this article will serve as a starting point for you and your equine professional (who should always be consulted before beginning any worming treatment) to determine your horse's worming needs. And, as a final note, the schedule laid out in this article is simply a suggestion, as there are many other worming schedules that are as respected as the one presented below.

The easiest way to prevent an outbreak of parasites is to maintain a regular worming schedule. The chart below is based upon the University of Florida's Animal Science department, and is a three-way rotation done every sixty days. The active ingredients in each of these wormers is rotated in order to keep parasites from developing immunity, and also to ensure that you achieve a complete kill off.

Rotation	Time of Year	Compound
1	January/ February	Pyrantel
2	March/April	Benzimidazole
3	May/June	Ivermectin
4	July/August	Pyrantel
5	September/ October	Benzimidazole
6	November/ December	Ivermectin

Compound	Product
Pyrantel	Equistrength
	Durvet pyrantel paste
	Strongid paste
Benzimidazole	Panacur
	Safeguard
	Anthelcide EQ
Ivermectin	Equimax
	Durvet Ivermectin
	Ivermax
	Horse Health Ivermectin
	Zimectrin
	Zimectrin Gold
	Quest Gel (moxidectin)

There are a couple of considerations to adhere to when following the above schedule. If you do not know when the last time your horse was wormed, or if your horse has never been wormed, you should start them with a Benzimidazole wormer. This wormer is gentler on the horse's system and prevents a mass die off which, while seeming counter intuitive, can be very dangerous to the animal.



In Memory of Lona Sweet Webb

by Debra Stevens

I prepared the following poem for the children of Lona Sweet Webb and read it at her memorial. It is a wonderful celebration of her life — she was a very unique person and I will never forget her special character that added to the charm of Shadow Hills for so many of us.

This poem is to honor Lona Sweet Webb, my Shadow Hills friend Lona so loved time spent with her horses from the start of the day to the end

She understood horses and they felt at ease around her too communicating with horses is what Lona knew how to do

My horse really loved Lona and Lona also loved him too knowing what made horses happy was also something that Lona knew how to do

Lona took me on rides when her Welsh pony pulled her cart you may have seen us on Wheatland, Stonehurst or Art

She was one of the best storytellers I have ever known it didn't matter if she told you in person or told you over the phone

If you did not get to know her you really missed out She loved the simple things in life that's what life's really all about

I'm so glad to have known Lona she was really one of a kind she was such a strong person in body, spirit and mind.

Lona, you will be missed. It was a pleasure to have known you.

If you have a foal, you should worm them every 30 days for one year, with the wormer appropriate to that time of year. It is also important to consider the use of a probiotic when you worm your horses, as the beneficial gut flora is often killed off by the medication responsible for killing off the parasites. A probiotic, such as Forco or Equerry's, works to reintroduce the missing flora in order to prevent digestive upsets.

With any worming program, the most important aspect is consistency. Rotating wormers is an essential part of ensuring minimal parasite levels in your horse. While maintaining a constant worming schedule, including remembering the previous wormer used, can be difficult, we have introduced a new program to make this easier for you. When you buy a wormer from us, we'll have you fill out a card regarding the number of days between wormings, and when the desired time has elapsed, we'll email you letting you know its time to worm again. And since you bought your previous wormer from us, we can also look up the last wormer you used, so you can rotate properly, thereby removing the most troublesome part of the worming process!

If you have any questions related to worming, horse supplements, or anything else, you can stop by our store (11084 Sheldon St.) and we'll be happy to assist you to the best of our ability. If you have any questions, comments, or suggestions, I can be reached at joe@ eastvalleytack.com.





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Fireworks and Snakes... Two Hot Weather Dangers for Pets

By Denise Fleck (www.sunnydogink.com)

PAWSitively the busiest time of year at Animal Shelters across the country are the weeks before and after the Fourth of July. The rocket's red glare can be fun for you, but not for your cat or dog! Loud booms and flashing fireworks scare pets from the safety of their homes. They become disoriented and end up miles away. And those are the lucky ones. Many more meet their fate by running frantically into the path of a car.

During fireworks shows, please keep all pets safely indoors. Close drapes and turn on a radio or television to mask noise and distract the pet's attention from the pops and bangs. Double check that all doors, windows and gates are secure, and if your pet is easily agitated, make sure someone stays with him during the festivities.



Many dogs are curious or protective and get bitten in the face. Vaccinating your dog from Rattlesnake Venom can minimize the effects and save a life!

Another danger to our pets comes in the form of venomous snakes. In Southern California, eight species of Rattlesnakes are active year round and they give birth to between 5-20 live snakes during the hottest months (August-September). Their physical appearance varies, but all can be identified

by a broad, triangular head, vertical pupils as opposed to round ones (though hopefully you won't be close enough to evaluate this), and heat-sensing "pits" between the eyes and nostrils which help them locate prey. If you see a bite mark on your pet that consists of two punctures (can be only one as sometimes snakes miss and rattlers shed a fang every 6 weeks), it could have been a venomous snake. Non-poisonous snakes leave a mark that looks like a row of teeth.

Most Rattlers carry a hemotoxic venom that breaks down the flesh (making it easier to digest) and blood vessels causing blood to seep into the tissue causing swelling. The Mojave Green (Acton, Palmdale/Lancaster) carries neurotoxic venom which paralyzes the major organs, but there are also hybrids which possess both types of venom.

While out walking, your best safety device is a leash. Stay on open paths, and don't allow your dog to explore holes or dig under logs or rocks where snakes hide (yeah, right -- but doing so can prevent much pain, suffering and even death). Keep pets away from areas covered in ivy and wood piles where snake food (mice) hides!

Rattlesnake Vaccine is not a cure all, but it can be a life-saver buying you time and diminishing the effects of the venom. Often your pet needs less anti-venom if he has been vaccinated which runs about \$900 per vial, and most non-vaccinated dogs need 3-4 vials plus antibiotics, pain meds, IV fluids and overnight veterinary care.

Here are Some First-Aid Tips for Snake Bites

- Keep the wound at or below the level of the heart.
- Keep your dog or cat calm and carry him if possible.
 Increasing your pet's pulse and respiration also

increases the absorption of the venom.

- Immediately call your Animal Emergency Center to make sure they have anti-venom and let them know you're on the way. It takes 30 minutes to mix the antidote so you want them to get started while you're en route!
- **DO NOT** cut over the fang marks or try to suck out the poison.
- DO NOT move the animal any more than needed.
- **DO NOT** place an ice pack over the bite which could result in the limb having to be amputated. Venom is caustic and immediately breaks down tissue and blood cells, so as much as you don't want it traveling to the vital organs, you also do not want the concentration of toxin frozen in one place.

Do you know where your nearest Animal Emergency Hospital is? Don't wait until it is too late to find out. Two that are 11 miles from Shadow Hills are:

Animal Specialty Group

4641 Colorado Blvd. (right off the 5 Freeway) Los Angeles, CA 90039

(818) 244-7977

www.asgvets.com

Mon-Fri 2pm – 8am; Weekends 24 hours

Animal Emergency Centre

11730 Ventura Blvd. Studio City, CA 91604

(818) 760-3882

www.valleypet911.com

Mon – Thurs 6pm – 8am; Weekends (Fri 6pm – Mon 8am)



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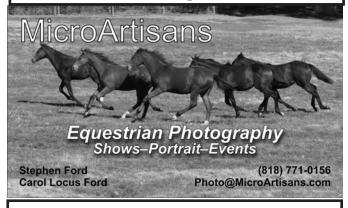
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Know Your H2O and Save Water and Save Money!

By Dave DePinto

As this newsletter went to print it was more than 100 degrees outside. The perspiration on my neck evaporated as fast as the water I'd used in my garden this morning but not as fast as the money in my bank account needed to pay my DWP bill. I don't know about you, but I'm not a big fan of the Department of Water and Power.

With the onset of hot weather and the return of drought conditions in Southern California, here are some advice and tips on how you can audit your own water use to save water and to save money.

If the answer to any of these questions makes you squirm...or perspire...then change your behavior and save water!

- Do you leave the water running while you brush your teeth?
- Do you run loads in your clothes or dish washer that are not full loads?
- Do you have low volume toilets in your home?
- Do you have a "smart controller" electronic irrigation timer?
- Does your pool and/or spa have a solar cover?
- Do you have leaks in either your outdoor or indoor plumbing?
- Do you have a nozzle on all your outdoor hoses?
- Can you take shorter showers?
- Do you turn off your outdoor irrigation when it's cool, cloudy or rainy outside?
- Do you have California Native plants or waterefficient landscaping?

Two helpful websites on the topic of water conservation are www.bewaterwise.com and www.theodorepayne.org.



Community Police Advisory Board Tips and News

By Debra Stevens

Shadow Hills has several residents, including myself, who are volunteer members of the Community Police Advisory Board (CPAB). CPAB is composed of volunteers from the various cities in the Foothill police department that assist LAPD's Senior Lead Officers (SLOs) for the various cities within the jurisdiction of the Foothill division of LAPD. I will be sharing information that is pertinent to the Shadow Hills neighborhood in the SHPOA newsletter to help keep Shadow Hills safe so that we all can enjoy the wonderful environment that Shadow Hills affords us.

Unfortunately, from time to time there are incidents that you need to be alerted of so that you can take the necessary steps to be safe. Two such incidents took place on in early June, on Wheatland Avenue north of Art Street. These two incidents were very disturbing, especially since that area has been relatively crime-free in the past.

The first incident involved a man in the early morning

hours who was seen lurking outside of a resident's house by a screen door that was NOT facing the street. The door was open since it was a warm night, but the screen door was closed. Luckily, the owner's dog alerted the resident who was in the living room. This is a disturbing incident in that obviously the trespasser knew that someone was home and their car was in the driveway. We have not had any other reports of this happening to any other home on Wheatland that I am aware of and the suspect was NOT apprehended.

Please do not be complacent regarding the doors and windows of your home, even those that are on the side of the house. Now that that the hot weather has arrived, we all should be proactive to ensure that we remain safe in our homes.

The other incident that occurred in the same neighborhood involved a dog that was not on a leash. A Shadow Hills resident was walking their dog along Wheatland Avenue and another person passed by with their two dogs which were not on leashes. One of those dogs attacked the Shadow Hills resident's docile dog and bit it in the neck. This incident would have ended very badly for the innocent dog except for the fact that the Shadow Hills resident happened to have pepper spray which was sprayed onto the offending dog. The pepper spray saved the life of the resident's dog.

As we all know, this is an animal-friendly community, and so, to all of those residents who may not be aware, there is a city of Los Angeles leash law. We all need to responsibly abide by this law so that all Shadow Hills residents can be able to safely walk our streets without the threat of an attack from an unleashed animal.

Here are some other things you can do for protection and to help local law enforcement:

- Inform the police of all incidents so that police attention can be given to those areas experiencing problems
- Your Neighborhood Watch block captains can help you with any questions that you may have regarding the police and what you need to do if you have an incident. If you do not have a block captain, you can contact a CPAB member.
- Talk to your neighbors and help look out for one another.
- Attend the monthly neighborhood watch meetings that are held on the third Tuesday of each month. It is held at the Council District office on Foothill Blvd. in Sunland.

The current senior lead officer for the Shadow Hills area is Officer Don Boon and the senior lead officer for the Sun Valley area of Shadow Hills is Officer Michelle Rodriguez.

Sunland: Don Boon 818-634-0705 (cell)

818-634-0685 (office)

LAPD Foothill Div. Front Desk

818-756-8866

31095@lapd.lacity.org

Sun Valley: Michelle Rodriguez 818-634-0755

31020@lapd.lacity.org





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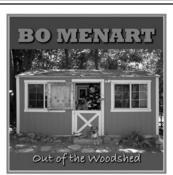
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Tuna Canyon, Site of Japanese Camp, Gets **Historical Recognition**

Reprinted from the Daily News and Other Sources

A portion of Tuna Canyon, located on property adjoining the Verdugo Hills Golf Course, will be designated a Historical-Cultural Monument for its use as a World War II Japanese internment camp. On Tuesday, June 25th, the Los Angeles City Council voted unanimously (10 to 0) to designate a grove of historic oaks in memory of those incarcerated at Tuna Canyon Detention Station, 1941-1943. Approximately one acre of the ten acre Tuna Canyon Detention Station site has been set aside as one of our city's Historic-Cultural Monuments. While this does not slow or stop the development, and is not as large a designation as many had hoped, the Historic-Cultural Monument status is a significant achievement.

None of this could have been accomplished without the broad base support of so many communities throughout the City of Los Angeles. Now, a working group of activists. along with the land's owners, will form a working group to explore ways to use the property's one-acre oak grove to honor the 1,490 male detainees once housed in the Tuna Canyon Detention Station, a barbed-wire enclosure opened in December 1941 at 6433 W. La Tuna Canyon Rd. The motion was introduced by Councilman Richard Alarcon and seconded by Councilman Mitch Englander. Many thanks to Councilman Alarcon, planning deputy Gerald Gubatan and CD7 staff for their efforts on this initiative.

Lo, the Turquoise Horse of Johano-ai . . . There he spurneth dust of glittering grains— How joyous his neigh.

> —Song of the Horse (Navajo)

Shadow Hills Eyesore

by Mitch Lane

Part of the beauty of Shadow Hills is the rural nature of our community. Some residents detract from the loveliness by leaving refuse service containers on the street long after the Bureau of Sanitation has emptied them. According to the Bureau, "Containers must be placed at the curb between the hours of 6:00 PM the night before collection and 6:00 AM on the day of collection. In addition, they must be removed from the street no later than 8:00 PM on the day of collection."

In addition to the unsightliness of containers left on the street beyond the stated hours, they present a danger to public safety as they affect traffic flow and visibility issues. Violators can be reported by calling 213-847-6000. Residents who leave their containers on the street beyond stated hours may be subjected to a "Notice of Violation" and required to appear before a hearing. Penalties include fine and/or container confiscation.

I hope more local residents will comply with the container services rules to maintain the beauty of Shadow Hills. Rather than think of it as "enforcement of rules," consider it your opportunity to be a "good neighbor."

TV News Vans on Weight Restricted Roads?

by Elektra Kruger

Vehicles exceeding 6,000 pounds gross weight are restricted from using many streets within the City of Los Angeles. There are a few exemptions to this - emergency vehicles, public utility vehicles, local delivery vehicles and transport vehicles picking up or dropping off local residents. To date, television news vans are still restricted from using these roadways.

It is the opinion of Councilmember Paul Krekorian that this restriction on television news vans prevents them from getting timely direct access to newsworthy events throughout the City as these vehicles typically exceed 6,000 pounds due to the extensive broadcast equipment that they carry. In view of this, in mid-February 2012, the Councilmember submitted a Motion to City Council asking that they request the City Attorney prepare and present an Ordinance exempting vehicles owned by or under contract to electronic media companies operating under the auspices of the FCC which are transporting broadcast and communications equipment licensed by the FCC for the purpose of transmitting audio and video images from the 6,000 pound gross weight restriction on streets with such restrictions.

The Motion was referred to the City Council's Transportation and Public Works Committees and then adopted by the City Council on June 18, 2013.





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CLASSIFIED ADVERTISING

Beginning with September/October issue we will introduce a Classified Section for our readers. In this section you can list items you want to sell, lease, or find employment opportunities, services, etc. We believe this new section will benefit our Shadow Hills residents. It will be an easy way to find wanted items, sell items you no longer use, and generally see what's available in our own unique community.

Since our newsletter is mailed only 6 times per year, the types of classifieds we are seeking are along the lines of homes for sale/lease, stall rentals, big ticket items for sale, services, and the like. Although you can list any item you wish to sell or trade, keep in mind the timeframe of arrival to households (not your typical daily or weekly newspaper).

For full information, reach Toni Ingallina at adshpoa@shpoa.us, or, toni@ingallina.com, or call her at 818-951-1136. You can also go to our website (shpoa@shpoa.us). Complete the membership application (page 3) and send it, with your \$25 membership fee to SHPOA, P.O. Box 345, Sunland, CA, 91041. SHPOA members get a 10% discount on classified ads.

Mark your calendar ... SHPOA Regular Meeting -Tuesday, Sept 10, 2013 - 7:00 pm - Tierra del Sol

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Key Community Locations & Contact Information

All Nations Church: 10000 Foothill Blvd., Lakeview Terrace Bolton Hall: 10110 Commerce Ave., Tujunga (818-352-3420)

Lakeview Terrace Recreation Center: 11075 Foothill Blvd., Lakeview Terrace

Shadow Hills Presbyterian Church: (Johanna/Sunland Blvd. intersection); Pastor Rebecca Prichard (818-353-2500)

Stonehurst Park: 9901 Dronfield, Stonehurst/Shadow Hills (818-767-0314)

Stonehurst Elementary School: 9851 Stonehurst Ave., Sun Valley

Tierra del Sol: 9919 Sunland Blvd., Shadow Hills Village Christian School: 8930 Village Ave., Sun Valley

City of LA North Valley Neighborhood City Hall/Office CD7 Councilmember Felipe Fuentes; 7747 Foothill Blvd., Sunland

Community Calendar

LAPD Community Coffee

1st Tuesday, Every Month

- 8 a.m.–10 a.m.
- Albertson's/Starbucks, 6240 Foothill Blvd.

FTDNC Land-Use Committee meeting

1st Tuesday, Every Month

- 7 p.m.
- 9747 Wheatland Ave.

Neighborhood Watch

3rd Tuesday, Every Month

- 6:30 p.m.
- East Valley Municipal Bldg.

"Prime Timers 60+"

3rd Wednesday, Every Month

- Shadow Hills Presbyterian Church
- Call church 818-353-2500

Hansen Dam Park Advisory Board

LAST Tuesday, Every Month

- 7 p.m.
- Lakeview Terrace Recreation Center

Foothill Trails District Neighborhood Council

3rd Thursday, Every Month

- 7 p.m.
- Lakeview Terrace Recreation Center
- www.ftdnc.org

ETI C20

4th Wednesday, Every Month

Call Becky Borquez, 818-352-3634

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